40% of all U.S. households with children under age 18 include mothers who are either the sole or primary source of income for the family.

1 in 3 married women admit they give power to their spouse for their retirement planning as opposed to taking charge of their own financial future.

On average, mothers spend more hours than fathers caring for their children—about 11 hours per week (compared with 3 hours per week for men).

Amount of Total Income Social Security Comprises

Among people age 65 and older, unmarried women and widows rely much more heavily on the income they receive from Social Security (47%) than either unmarried men (34%) or couples (29%).

Social Security will continue to help you and your family secure today and tomorrow.

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